Monday	Tuesday	Wednesday	Thursday	Friday
AUGUST 2014 Please call the senior center coordinator or meal manager 48 hours in advance to reserve a meal.				Orange Juice 1 White Amish Bean Salad Chicken Caesar Salad - Romaine Lettuce With Diced Chicken Fresh Pears Whole Wheat Bread
Pineapple Juice Pizza Burger Mozzarella Cheese Copper Pennies Diced Pears Hamburger Bun	Split Pea Soup 5 Fresh Tossed Salad Roast Turkey / Gravy Mashed Potatoes Green Beans Whole Wheat Roll Fruit Cocktail	Tropical Fruit Cup 6 Vegetarian Hamburger with Cheese Hamburger Roll Baked Beans Carrots Fresh Seasonal Fruit	Juice Fruit Punch 7 Turkey Combo Meat American Cheese Lettuce & Tomato Potato Salad Cole Slaw Fruit Cocktail	Cranberry Juice 8 Hot Dog All Beef Fresh Watermelon Hot Dog Roll Southwest Bean Salad Fresh Cole Slaw
Apple Juice 11 Chicken Breast Teriyaki Rice Sliced Carrots Pineapple Tidbits Whole Wheat Bread	Juice Fruit Punch Baked Potato Tossed Salad Ranch Dressing Chili con Carne Shredded Cheddar Cheese Applesauce	Grape Juice 13 Turkey Multi Bean Chili Corn Muffin 1ea Baby Whole Carrots Tropical Fruit	Apple Juice 14 Split Pea Soup Fresh Cucumber, Tomato, and Onion Salad Chicken Salad Sub American Cheese Pineapple Tidbits	Pineapple Juice 15 Baked Chicken Mashed Potatoes Sweet Peas Fresh Seasonal Fruit Whole Wheat Bread
Orange Juice 4 18 Meatloaf with Brown Gravy Macaroni & Cheese Green Beans Fresh Apple Wheat Bread	• •	Pulled Pork Sandwich 20 Sandwich Roll Cold Broccoli Salad Chunks of Sweet Potatoes Pineapple Chunks Coconut Cream Pie	Apple Juice 21 BBQ Beef Green Beans	Juice Fruit Punch 22 Chicken Taco Salad Seasoned Ground Chicken Shredded Lettuce & Chedder Cheese, Chopped Tomato Refried Beans & Mexican Rice Pineapple Tidbits
Grape Juice 25 Baked Chicken Breast in Tomato Parmesan Sauce Sweet & Sour Green Bean Salad Ziti Noodles in Garlic Sauce Whole Wheat Bread Fresh Seasonal Fruit	Apple Juice Fruit Cold Plate W/Cottage	Cranberry Juice 27 Breaded Chicken Drumstick Mashed Potatoes Fresh Sweet and Sour Cabbage Slaw Fruit Cocktail Wheat Bread	Orange Juice Sesame Noodles and Chicken Wheat Bread Fresh Broccoli Salad Rosy Apple Sauce	Pineapple Juice 29 Hot Roast Beef with Gravy Mashed Potatoes Green Beans Whole Wheat Bread Fruit Cocktail